



## BREAKFAST

Mon to Fri: 7:00am - 11:30am | Sat & Sun: 8am - 11.30am

<b>Cumberland Sausage &amp; Egg Bap</b> - House Ketchup	<b>£5.50</b>
<b>Local Bacon &amp; Egg Bap</b> - House Ketchup GFA	<b>£5.50</b>
<b>Superfood Porridge</b> - Banana, Honey & Pumpkin Seeds V	<b>£5.50</b>
<b>Energiser</b> - Almond Granola, Poached Berries & Greek Yoghurt V,N	<b>£6.50</b>
<b>Eggs Benedict</b> - Honey Roast Ham, Poached Eggs & Hollandaise GFA	<b>£8.00</b>
<b>Eggs Royale</b> - Oak Smoked Salmon, Poached Eggs & Hollandaise GFA	<b>£8.50</b>
<b>Eggs Forrestier</b> - Portobello Mushrooms, Poached Eggs & Hollandaise V,GFA	<b>£7.50</b>
<b>Chopped Avocado on Toast</b> - Poached Eggs & Pumpkin Seeds GFA (add Smoked salmon £3)	<b>£7.75</b>
<b>Warm Scotch Pancakes</b> - Crispy Bacon & Maple Syrup	<b>£7.00</b>
<b>Baked Eggs &amp; Chorizo</b> - Spiced Tomato & Peppers, Sourdough Toast GFA	<b>£8.00</b>
<b>Steak &amp; Eggs</b> - 5oz Rump, Hash Browns & Choice of Eggs GF	<b>£9.75</b>
<b>The Full Monty</b> GFA Local Bacon, Cumberland Sausage & Black Pudding, Vine Tomato & Mushroom, Hash Brown, Beans & Choice of Eggs	<b>£7.75/£9.75</b>
<b>Vegi Full Monty</b> V, GFA Good life Sausage, Avocado, Vine Tomato & Mushroom, Hash Brown, Beans & Choice of Eggs	<b>£7/£9</b>
<b>Toast, Butter &amp; Preserves</b> - its free, help yourself V	

## HOT DRINKS

<b>Americano</b>	£2.75
<b>Cappuccino</b>	£2.75
<b>Espresso</b>	£2.75
<b>Double Espresso</b>	£3.00
<b>Flat White</b>	£2.75
<b>Hazelnut/Caramel/Vanilla Latte</b>	£3.00
<b>Mocha</b>	£3.00
<b>Pot of Tea</b> Choice of Camomile, Earl Grey, Peppermint, Fresh Mint, Raspberry, Decaf	£2.25
<b>Amaretto Latte, Baileys Latte, Liqueur Coffee</b>	£5.00
<b>Hot Chocolate</b>	£3.00
<b>Unicorn Hot Chocolate</b>	£3.00
<b>Babyccino</b>	£1.00